

**FOUNTAIN OF YOUTH**Daily Activities eff January 20, 2011**SUNDAY**

9 – 12 noon LDS Church  
 10 – 11:30 am LDS Church  
 9 am Lutheran Church  
 10 am Interfaith Church  
 1 pm Scrabble  
 2 -4 pm Card Bingo  
 5 pm Hymn Sing

Card Room  
 Craft Room  
 Sunrise Hall  
 Hays Hall  
 Card Room  
 Sunrise Hall  
 Sunrise Hall

**MONDAY**

8:00 am Hiking Group  
 8 – 12 pm FOY Artists  
 8:30 am – 10 am Double-Toe Dancers  
 8:30 am Shuffle Board  
 8:30 – 11:30am Computer Workshop  
 8:45 am Horseshoes  
 9:30 -11am Stretch/Strengthen Class  
 11 -11:45 Zumba Class  
 10-11:30am Paddle Tennis  
 12 Noon Ladies Day Out  
 12 – 1:30 pm Barbershop Chorale  
 1:00 pm Cribbage  
 1:00 pm Theater Club  
 1:30 – 3 pm Show ‘ n’ Tell  
 3:00 pm FOY Dollies  
 3 – 6 pm Single Singles  
 5:30 pm Bingo  
 6:30 pm Duplicate Bridge  
 6:30 pm Bocce Ball  
 6 – 9:30 pm Nine Ball  
 7:00 pm Line Dancing

Upper HS Pits  
 Sunrise Hall  
 Moonrise Hall  
 Sunset Hall  
 Card Room  
 Upper Pits  
 Hays Hall  
 Hays Hall  
 Tennis Courts  
 Craft Room  
 Hays Hall  
 Card Room  
 Sunrise Hall  
 Hays Hall  
 Hays Hall  
 Moonrise Hall  
 Hays Hall  
 Card Room  
 Bocce Courts  
 Sunset Hall  
 Sunrise Hall

**TUESDAY**

8-9am Round Dancing Lessons  
 8:30 – 11:30 am Bible Study  
 8:30 am Cue Club  
 8:30 am Bocce Ball  
 9:00 am Quilting  
 9-10am Genealogy  
 9-11am Sq. Dnc. Beginners  
 11-12:45pm Sq. Dnc. Plus Workshop  
 9- 10am Spanish Class  
 9:00 am Farmers Market  
 10 - 11:30am Paddle Tennis  
 11-1pm Weight Loss  
 12:30 - 3 pm Ping Pong Club  
 12:30 pm Pinochle  
 2 – 4 pm Jam Session  
 7:00 pm Talent Show(TNT)

Hays Hall  
 Sunrise Hall  
 Sunset Hall  
 Bocce Courts  
 Craft Room  
 Card Room  
 Hays Hall  
 Hays Hall  
 Moonrise Hall  
 Store Patio  
 Tennis Courts  
 Moonrise  
 Sunrise Hall  
 Card Room  
 Hays Hall  
 Hays Hall

**WEDNESDAY**

8:00 am Hiking Group  
 8:00 am ATV'ers  
 8– noon FOY Artists  
 8:30 am Gal & Pals Pool  
 8:30 am Horseshoes  
 8:30 am Shuffleboard  
 8:30 – 10 am Double-Toe Dancers  
 10-11:30am Paddle Tennis  
 10:30-11:15 Zumba  
 12:30 pm Duplicate Bridge  
 1 – 3 pm Line Dancing  
 3 – 4 pm FOY Dollies  
 3:30 – 4:30 pm Lutheran Choir  
 6:00 pm 7th Day Church  
 6:30 pm Pokeno  
 6:30 pm Bocce Ball  
 6:30 pm Round Dancing  
 7:00 pm Square Dancing  
 7:00 p.m. Friends of Bill W.

Upper HS Pits  
 Outside Hays Hall  
 Sunrise Hall  
 Sunset Hall  
 Upper Pits  
 Sunset Hall  
 Moonrise Hall  
 Tennis Courts  
 Hays Hall  
 Card Room  
 Hays Hall  
 Hays Hall  
 Sunrise Hall  
 Sunrise Hall  
 Card Room  
 Bocce Courts  
 Hays Hall  
 Hays Hall  
 Moonrise Hall

**THURSDAY**

**7 – 9 am**  
 8-9 am  
 8:30 – 11:30 am  
 8:30 – 9:30 am  
 8:30 am  
 8:30 am  
 9 am  
 9-11 am  
 9:30 – 4 pm  
 10 – 11:30 am  
 11-12:45 pm  
 12:30 – 3 pm  
 12:30 pm  
 1 – 3 pm  
 3 -4 pm  
 1:00 pm  
 1:30 pm  
 3 – 4:15 pm  
 5:30 pm

**Spinners**  
 Round Dance plus  
 Computer Workshop  
 Men's Bible Study  
 Pool  
 Bocce Ball  
 Teddy Bears  
 Sq. Dnc. Beginners  
 FOY Artists  
 Women's Bible Study  
 Sq.Dnc.Plus Lessons  
 Ping Pong Club  
 Pinochle  
 Choir Practice  
 FOY Dollies  
 Desert Golf  
 Readers Club  
 B-Sharps  
 Bingo

**Moonrise**  
 Hays Hall  
 Card Room  
 Sunrise Hall  
 Sunset Hall  
 Bocce Courts  
 Craft Room  
 Hays Hall  
 Moonrise Hall  
 Sunrise hall  
 Hays Hall  
 Sunrise Hall  
 Card Room  
 Hays Hall  
 Hays Hall  
 Desert Course  
 487 N. Mountain  
 Sunrise Hall  
 Hays Hall

**FRIDAY**

8:30 – 10 am  
 8:45 am  
 10 am – 1 pm  
 9 am  
 9:30 – 11 am  
 10-11:30am  
 10:30- 11:30am  
 12:30 pm  
 12:30 – 4 pm  
 2 – 4 pm  
 3:00 pm  
 6:00 pm  
 6:30 pm

Double-Toe Dancers  
 Horseshoes  
 Flintstone Golf  
 Farmers Market  
 Stretch/Strengthen Class  
 Paddle Tennis  
 Spanish Class  
 Bridge  
 Mahjongg  
 Jam Session  
 Kazoo Band  
 7<sup>th</sup> Day Adventist  
 Bocce Ball

Moonrise  
 Upper Pits  
 Desert Course  
 Store Patio  
 Hays Hall  
 Tennis Courts  
 Moonrise Hall  
 Card Room  
 Moonrise Hall  
 Hays Hall  
 Sunrise Hall  
 Sunrise Hall  
 Bocce Courts

**SATURDAY**

8:00 am  
 8 – noon  
 8:00 – 2 pm  
 9:00 am  
 9:30 am  
 12 – 12:45  
 1 – 3 pm  
 3 – 6:00 pm  
 7:00 pm

Hiking Group  
 Individual Drama Practice  
 7th Day Adventist  
 Hand & Foot  
 Scrabble  
 Chair Zumba Class  
 Beginning Line Dancing  
 Catholic Services  
 Dance

Upper HS Pits  
 Hays Hall  
 Sunrise Hall  
 Card Room  
 Card Room  
 Hays Hall  
 Hays Hall  
 Sunrise Hall  
 Hays Hall

**Monthly Activities**

1<sup>st</sup>Sat 7–10 am Pancake Breakfast  
 2<sup>nd</sup> & 4<sup>th</sup> Sat 7 pm Classical Concert  
 3<sup>rd</sup> Sat – 6 pm 7<sup>th</sup> Day Adventist  
 3<sup>rd</sup>Mon – 9 am LDS Relief Society  
 1<sup>st</sup>Tues – 8 am Cue Club Board Mtng  
 1<sup>st</sup> & 3<sup>rd</sup> Tues –1 pm Clowns  
 2<sup>nd</sup>Wed – 3:30 pm Chocolate Mtn Snrs  
 1<sup>st</sup> Thurs 4:30–8 pm Cue Club Social + kitchen  
 2<sup>nd</sup>Thurs – 5 pm LDS Potluck  
 3<sup>rd</sup>Thurs – 5 pm Pingpong Potluck  
 1<sup>st</sup>Fri – 1 – 3 pm GSMOL  
 2<sup>nd</sup>Fri – 8 am Flea Market  
 4<sup>th</sup> Fri 5 pm Horseshoe Potluck

Hays Hall  
 Sunrise Hall  
 Sunrise Hall  
 Craft Room  
 Card Room  
 Moonrise Hall  
 Hays Hall  
 Sunrise Hall  
 Sunrise Hall  
 Sunrise Hall  
 Sunrise Hall  
 Hays & Sunrise  
 Hays Hall

DAILY M – F: Rosary – 4 pm Craft Room Water Volley Ball noon and 5 pm. Tennis 7 – 9 am  
 Pool Laps 6:00 am Water Exercises – 7:00 – 8:00 – 9:00 & 10:00 am