



### **WELCOME BACK HOMEOWNERS**

We hope your summer's been cool and full of fun. We've missed your smiles here at FOY and your homes have missed your TLC! Please take a look around your home and ensure that all weeds are removed and any items in need of repair, replacement or paint get what they need in time to be beautiful for another fun winter. We appreciate you and your contribution to making FOY a true desert paradise.

*Jolene Wade*

### **BLOOD MOBILE**

Just a heads up that the Blood Mobile will be at FOY on Friday, Dec. 8<sup>th</sup> from 8am-12:30 n Sunrise just above the main horseshoe pits. Sign-up sheet will be in the Activity Office. Walk-ins are always welcome. Hope everyone had a great summer. Welcome back to paradise.

*Cindy Galey*

### **New Year's Eve Party/Dance**

We have been able this year to book The Ben Mallare Band from Los Angeles for our New Year's Eve Entertainment. Ben and his band are considered to be the gold standard for dance bands in Southern California. They have been highly recommended by Activity Directors in other venues they have entertained. Some of the comments I have received include, "Ben Mallare is amazing and his band made our party absolutely unforgettable! The energy that he brought and his ability to read the

crowd ensured that the dance floor was always packed by guests of all ages. His party never has any dead air moments of silence and the music is danceable from the moment they start until the last person leaves the party. My guests were blown away by the variety of songs the band played. Ben kept the dance floor packed the whole evening. Everyone was on the dance floor."

Ben performs a mixture of today's top 40 hits, country, classic rock and other popular music from the last 70 years.

The dance will be from 8pm till midnight. Doors open at 7pm with dancing starting at 8pm. Tickets are \$15.00 per person. Tickets will go on sale in the activity office December 1st. Be sure to buy your tickets early so you can assure a seat at your favorite table with your friends.

### **TUESDAY NIGHT TALENT (TNT) SHOWS**

The TNT SHOWS are a variety concert series held every Tuesday, beginning November 21, 2017. The Host, Duncan MacLennan, welcomes all FOY residents who have talent to participate. The shows include vocal, instrumental and choral groups, dance, standup comedy, poetry, comedy skits and any other form of entertainment one can imagine. The shows begin at 7:00 p.m. in Hays Hall and are preceded at 6:30 by one of the following Warmup Bands"---Jam Band, Ukulele Band, and the FOY Symphony (a small ensemble of string instruments). If you have a talent that would add to these shows, please plan to participate by contacting Duncan via e-mail:marcdunc540@gmail.com or by telephone at 760- 587-3603.

*Duncan MacLennan*

### **VETERANS/REMEMBRANCE DAY SERVICE**

This annual service will be held in HAYS HALL at 11:00 a.m. on Saturday, Nov. 11. Veterans are asked to assemble in the patio area by 10:45 for a parade-in. Seats will be reserved in the front rows for Veterans. It is about a half- hour service. Poppies will be available at different locations in the Park and everyone is invited to pick one up (for free) and wear it during the week proceeding Nov. 11. Please plan to take out a short time in the day to show your appreciation to our Veterans who served us all so well.

*Duncan MacLennan*

### **S.W. HIGH SCHOOL ORCHESTRA**

We are hosting the High School Orchestra from El Centro for a performance on Friday, Dec. the 1<sup>st</sup> at 12 noon in Hays Hall. Last year, the orchestra won a special opportunity to travel to Chicago to perform at the Midwest Band and Orchestra clinic. The orchestra is about 40 members strong and has won awards in Boston, Las Vegas, New York and Toronto. Dr. Matthew Busse is the Director of the group again this year. Please come out and support these high school students with your applause and a generous donation.

**DEAR CLUBS** when you use any of our kitchens, please clean up after use especially ovens, pots, pans, etc. Those who use it after you will appreciate it.

### **BARBERSHOP CHORUS**

Marilyn MacLennan invites all men who love to sing in harmony to come out and raise their voices every Monday at 12:00 p.m. in Hays Hall. The first practice will be held on Nov. 13.

*Marilyn MacLennan*

### **FLINTSTONE GOLF**

Join us Friday mornings at 9:45 for a round of desert gold at the 9 Palms Golf and Country Club. Annual membership is \$3.00 and new members will also need a name badge at the cost of \$2.00. There is a 50/50 draw each week as well. See you there.

*Cathy Ashbee*

### **PING PONG CLUB**

No experience required and it is free! Join us on Tuesdays and Thursdays from 12:30 to 3:00 PM in Sunrise Hall. Also informal play is Monday through Saturday @ the Moonrise Hall between 10:00 and 12:00 pm. We are a fun loving group of men and women who through playing ping pong are staying healthy and mentally alert. We are continuing the "Cans for Kids" program. The white barrels marked Aluminum and Plastic are located near the craft room. These are collected by Ping Pong club. The plastic bins are for plastic water and juice bottles only. We do take glass beer containers. The proceeds from cans go the Shriners Children's Hospital fund. Last season we donated close \$ 1,000. Our club holds a popular pot luck dinner for players and their spouses and/or friends on the 3rd Thursday of every month. Pot lucks are held at the Sunrise Hall.

*Don Dobie*

### **RED HATS**

Are you looking for FUN and FRIENDSHIP? Join the ladies of the Chocolate Mountain Chicks RED HATS. In the Craft Room a purple notebook has the monthly schedule of activities. Sign up for any activity (Bunco, Darts, Lunch, Movie, Shopping, Tea, or special social) that interests you. Then come and have FUN!

*Sharon Scott 760-354-1519*

### **COMPUTER WORKSHOP**

Join us each Monday and Wednesday morning in the card room from 8:30 'till 11:30 for help with computer problems, from how to get on the Internet to finding pictures or even help with the software. Bring your laptop to the card room and we'll try to help. Ask about the \$50 value clean up special! Got a new computer? Bring it in and we'll help you set it up, including setting privacy controls for Windows 10. We can help with cameras, phones, and e-readers, too.

*Dick*

*& Wil*

### **STRETCH & STRENGTHEN**

Welcome back EVERYONE. Classes will be every Monday, Wednesday and Friday. Class will start promptly at 9:15 and run to 10:45 at Hays Hall. You can do this, come give it a try. Bring a mat and light weights, water bottles or cans. Hope to see you there. We have lots of laughs and fun.

*Charlotte*

*Shave*

### **BINGO**

We have bingo every Mon. at 6:30pm in Hays Hall. Bingo workers, be at the hall at 5pm. We sell bingo cards to the public starting at 5:30 and stop selling at 6:25 with bingo starting at 6:30 and finishes around 9-9:15. The first bingo goes on **Nov 20<sup>th</sup>**. Thanks to the workers for a good job

*Barb Burleson*

### **PADDLE TENNIS**

Join us for fun playing paddle tennis, an easier modified game of tennis played on a smaller court. We have the equipment and all are welcome to come and try it out. See you at the courts from 9-10:30 Mon. Tues. Wed. and Fri.

*Ray*

*Ekhaml*

### **FLEA MARKET**

The first FOY flea market is just around the corner. Mark your calendars for Friday, November 10th from 8am to 12pm. Tables are \$5.00 for inside and \$3 for outside patio. Call 760-587- 7906 to reserve your table. Hope to see you there.

*Judy Beedon*

### **HALLOWEEN DANCE**

The Halloween Dance and Party will take place on Tuesday, October 31st in Hays Hall starting at 7pm and is hosted by Head Ghoul "DJ" Art Martin. His song list is probably the most of any DJ anywhere. Prizes will be given for the best costumes so wear your costume and definitely wear your dancing shoes. Be ready to have a great time. Feel free to bring your own drinks and snacks.

### **VOLLEYBALL CLUB**

Club play 11:30-1:30 Monday and Saturday. The club successfully hosted our first tournament last Feb. We welcome new members.

*Laurel Clark*

### **DID YOU KNOW**

On the parks web-site, [www.foyspa.com](http://www.foyspa.com), there's a guest review section on the bottom left hand side of the main page. If you fill out this review, they do a drawing once a month and the winner gets a free meal at Freddy's café.

### **R.V. CASUALS**

Kay and her crew will be here at FOY for another fashion show to be held on Sunday, December 10th in Hayes Hall at 1:00 PM. If you wish to be a model for the fashion show please sign up in the Activities Office. Models are to be at Hayes Hall at 12 noon to select outfits. All models will receive a 10% discount on purchases, a small way for Kay to say thank you for your participation.

### **ACTIVITIES**

To all of the people in charge of all the various activities at FOY, please drop by the Activities Office so we can update our list of who you are and how to contact you. Would you also inform us when the start date of your activity takes place.

*Activities Office*

### **POKER ROOM**

Welcome to the Poker Room. We are found next to the Beauty Parlor. Games are happening when the outside red light is on. Come on in. All are welcome. We play a variety of games, such as 5,6,7CardStud,Texas- Holdem, Forty Four and Omaha. We will

teach you. Sign ups for the evening and Saturday games are necessary as there are limited chairs available. The Saturday games rotate between three poker games. The fun, relaxed atmosphere in the Poker Room is conducive to making new friends. We have luncheons, yummy snacks and a season ending get together. Come on in, say hello, sit down and play POKER. Poker times are: Every day at approx.. 8:30am, Sat. 9-12noon-put your name on the board to get a seat. And evenings starting at 6:30-nights vary. Sign up in the poker room.

*Nancy Larsen*

### **B-SHARPS**

All ladies who like to sing please join us, the B-Sharps at 3 pm on Thursday Nov 16th in Sunrise Hall. See you there.

*Ellie Bell*

### **ART CLUB**

Welcome back FOY Artists. We look forward to seeing old friends and making new ones. If you are interested in water oil or acrylic painting, drawing (eg. Pencil, colored pencil, pen and ink, water pens or pastels) please come and join us. We show instructional videos and help is always available to beginners and established artists alike. We meet every Monday and Wednesday from 8am to 12 noon.

*Kathy MacPherson*

### **FOY ARTISTS**

I am excited to be teaching beginners water colors and technique on Mondays from 9-11am at Sunrise Hall beginning on November 6<sup>th</sup>.

*Susie Nielsen*

### **CATHOLIC MASS**

Will commence on Saturday, November 18<sup>th</sup> at 4pm at Sunrise Hall with Rosary to be held at 3:40pm before mass.

*Ray & Phyllis Ekhaml*

### **MASSAGE THERAPY AT THE FTC**

Hello FOY friends! Another great season is upon us and we here at the FOY Therapy Center FTC are here to assist you with your spa needs. The FTC is more than a massage it is a portal to wellness. We look forward to serving you again this year and hearing all of your great travel stories from this past summer. The FTC is happy to announce the addition of Master Aesthetician Leslie Roberts. She brings many skills and just the right touch. To schedule an appointment or to see what services we offer please go to: [foy-schedule.abmp.com](http://foy-schedule.abmp.com) to check it out. You can also call or text 760-623-2513 and leave a message or text if you prefer. Located at the Foy Therapy Center Moonrise Hall. Schedule today for a better you tomorrow.

*Pete*

### **CLASSICAL CONCERT**

Join us for the first Classical Concert of the year on Saturday, Nov. 25<sup>th</sup> at 7pm in Sunrise Hall. If you enjoy Broadway show tunes, classical ballads, and a touch of classical music, you will enjoy our Classical Concerts. They are held on the second and fourth Saturdays at Sunrise Hall starting at 7pm. All are welcome to come and enjoy our wonderful music. New talent is always welcome and I can be contacted at 760-354-1632 or come to space 560.

*Paula Jackson*

**KARAOKE**

Starting Nov. 2<sup>nd</sup> at Freddy's Café at 4-7pm—bring your singing voice.

**WELCOME CENTER**

Welcome back for another fun season at FOY! Whether you just arrived or you're returning for another season, the Welcome Center is a good place to start. It is housed in the front section of the Activity Office, next to the Office where you check in. And there's free coffee, along with some large, comfy chairs. Starting the week of November 14th, the Welcome Center will be staffed by friendly volunteers wearing teal shirts. They love to show visitors what activities are available within the park and in the surrounding area. They can also sell you tickets for the upcoming events organized by the Activity Office. Volunteers work with a partner for one half-day per week. I will be at FOY by November 6<sup>th</sup>. If you're a returning volunteer, or if you're a sociable person who would like to join us at the Welcome Center, please let me know when you could start. You can reach me by email: covay4@gmail.com or phone: 250-882-6243.

I look forward to seeing everyone again and to meeting new volunteers!

*Jeri Covay*

**FOY FAMILY STAFF**

Welcome back to all the Returning Staff Family members. Looking forward to another great season.

We welcome new to our staff the following:

Sue Linboom-Café

Art and Terry Miller-Café

Ron&Vickie Moore-Housekeeping

Al&Jan Schwartz-Housekeeping

Pat Boss-Store

Evangeline Barber-Sun Sales  
(housekeeping)

**AESTHETICS AT THE FTC**

Hello Fountain of Youth!!! My name is Leslie Roberts and I am very excited to be able to work with you as a Master Esthetician this season. It is my pleasure to offer you a variety of services including, facials, peels, waxing, pedicures, manicures and the very relaxing Aroma Touch Therapy. There is no need to let the desert heat rob you of precious hydration and relaxation. You can emerge from a treatment feeling pampered and refreshed, floating through your day like a delicate desert breeze. Gentlemen don't exclude yourselves from these fantastic treatments. Your skin will thank you for taking a little extra time to baby it back to its happy self.

Take advantage of some careful cleaning and hydrating along with special treatments that will help revive and protect you from the damaging UV rays of the sun. All procedures are tailored to your individual needs. I look forward to providing much needed pampering and making new friends. Specials and packages will be offered so don't hesitate to call or text to make appointments, 435-503-7624 Or Online:foy-schedule.abmp.com Located in the FOY Therapy Center in Moonrise Hall. See you soon.

*Leslie*

**CRAFT ROOM**

Welcome back all Craft Room Crafters. We are ready for another great season of sewing, knitting and crafting. A group of ladies

get together on Tuesdays and Thursdays to make baby quilts and stuff teddy bears. It is a fun chat session as well. Anyone can come and volunteer to help do whatever you feel comfortable with. We will be meeting the second Tues. of November in the craft room at 9 am. Come and find out how we are able to make and donate 150 baby quilts and teddy bears a season for the Brawley and EL Centro pediatric wards. We also have many sewing, knitting etc. classes during the season to learn different techniques to enter into our Craft Fair in February. FYI the fun category in the craft fair is APRONS. There will be a new category added which is wall hangings. Drop by the craft room and check out our calendar of events, starting mid-November

*Birdie Hartmier 442 N. Sunrise*

**WELLNESS THROUGH  
MINDFULLNESS AND  
MEDITATION**

Is your mind like a dog on a long leash-wandering here and there and back again? Where IS your mind? Where does it take you? In this weekly experiential class we will explore how to connect your mind to your daily activities. We will practice creating a peaceful space for your mind to rest and how to use your mind to support your bodily functions. Come find your mind and learn to channel its healing powers. Classes will start on Wednesday, Nov. 15<sup>th</sup> from 11-12noon in Hays Hall

*Caroline Ford 360-556-1993*

**BINGO WITH FLOYD**

Join us on Sunday Nov 12th at 2pm in Sunrise Hall and every Sun. following for Card Bingo.

It's easy and lots of fun. Bring 4 nickels, 4 dimes and a dollar bill.

*Floyd Barron 253-320-0455*

**PLEASE send all newsletter articles to: [activities@foyspa.com](mailto:activities@foyspa.com). or hand deliver to the Activities Office by the 20<sup>th</sup> of each month.**

### HYMN SING

Do you miss singing all your old favorite hymns in your church back home? So do a lot of other folks. You are invited to come to Sunrise Hall every Sunday evening from 5-6pm starting on Nov. 12<sup>th</sup>. Choose our favorite hymn and sing along with the rest of us. If you play an instrument, feel free to join and play with your accompaniment.

*Richard and Thelma*

### STRETCH AND BALANCE

If you can sit or stand, this is the class for you! Anything (well, almost anything) goes as we have fun moving our body parts from the top of our head to the curling of our toes. If you have balance issues, join us as we grapevine (you have to attend to find out) and do other activities to keep up upright. Who said exercise can't be fun? The first class of the season will be Monday, Nov. 6<sup>th</sup> from 11-12 noon and each Monday and Friday.

*Caroline Ford 360-556-1993*

### LINE DANCING

Please be advised that the following is the line dance schedule for November:

Beginners- Sat. Nov. 4<sup>th</sup> at Sunrise Hall at 1pm.

Advanced- Mon. Nov. 6<sup>th</sup> at Sunrise Hall at 6:30pm.

Intermediate- Wed. Nov. 8<sup>th</sup> at Hays Hall at 1pm.

Note: All other Sat. Beginner classes will be held at Hays Hall

*Cherryl Murphy*

### UKULELE BAND

Welcome back ukulele band members and prospective members. The first practice will be at 1:00 p.m. on Tuesday, November 14 in room between the pool room and the Massage Therapists office in Moonrise. Joan Weideman has kindly consented to be the temporary leader of the practices until Sandra and/or Marian arrive. Hope to see you all soon. Prospective members should have some basic knowledge of a ukulele. This group does not give lessons but are very willing to help new players in any way they can. Please feel free to join us.

*Sandra Money and Marian Walker*

### HOTDOGS

Come and join us at Hays Hall on Nov 10<sup>th</sup> and have an all beef or Veggie hotdog for only \$2.50 each during the Flea Market from 8am-12noon. Last season we served 2060 hotdogs and 40 veggie dogs and we turned over \$1500 to the Activities Office as well as provided two \$750. Scholarships to the Brawley High School. Come by and say hello!

*Bernie and Karen Jewel*

### CHRISTMAS LIGHTS

#### PARADE

Ho, ho, ho! Have you heard? Santa Claus is coming to town Friday night, December 22! So join in the fun and decorate your golf cart, ATV, bicycle, or just yourself with lights, decorations, whatever you can find and make this year's

parade the best ever. It is going to be tough to top last year's parade. It was outstanding! Think back to the good old days and relive some of your best Christmas memories.

Maybe try to incorporate this year's park theme, "Around the world in 180 days"! Whether you march as individuals or join together as clubs or neighbors, it is the season to be jolly! Parade starts at 6:00 PM, route and other info will be posted in our December newsletter. And of course as usual, the parade will end downtown at Freddy's Cafe for more fun, hot chocolate, cookies, and carol singing, hosted by our activities department. Mark the date on your calendar and start planning now. December 22 will be here before you know it! Ho, ho, ho, we can hardly wait!

*Barbara and Peter Leeners*

*Mailbox 422 or site 618*

### GSMOL

First meeting will be on Fri. Dec. 1<sup>st</sup> at 1pm in Sunrise Hall. We will be at the Nov. Flea Market selling Tim Horton's coffee, Nanaimo bars and cookies. Don't forget to buy your 50/50 tickets at the market.

*Jacque Jones*

### CANADA DAY

First meeting for Canada Day 2018 will be Tuesday, December 5th at 1:00 pm in the Meeting Room.

Tickets go on sale Tuesday, January 2nd from 1:00 - 3:00 in the Meeting Room (by the Bocce Court) and Friday, January 12th at the Market from 8:00 - 12 noon.

Canada Day 2018 will be Friday, January 26th from 4:30 - 8:00 at Hays Hall. Come celebrate Canada's 150th Birthday with your fellow Canadians.

*Jacque Jones*

### SHUFFLEBOARD

We will be starting our season on Oct. 30<sup>th</sup>. If you are interested in playing, shuffle on down to our play room in the rear of the fitness room. We start playing at 8:30, so be there at 8:15.

*Gene Premier*

### FOY DRAMA CLUB

FOY Drama Club has an early Christmas Present for You! The FOY Drama Club meets on Mon., Nov. 6 at 1 pm in Hays Hall. Everyone is welcome. No experience needed! We have another original play by Art Martin to tempt you, and I can't wait to get started on it! We'll be re-interpreting some well known characters from a few years ago, and it promises to be fun for actors and audience alike. If you can't make it to the meeting but want to participate, please leave me a note in Box 429 at the Mail Room or email me:covay4@gmail.com

*Jeri Covay*

### LUTHERAN FELLOWSHIP

Services will begin meeting on Sunday, Nov. 5<sup>th</sup> at 9am in Sunrise Hall. This season the fellowship will be co-pastored by Ralph and Linda Benson-Spencer.

Pastors Linda Benson-Spencer and Ralph Spencer are retired United Church of Canada ministers. Linda, born in Hamilton, Ontario, served churches in Alberta. Ralph was born in New York City, immigrated to Canada in 1974 and is a dual citizen. He served churches in New England, Ontario, Alberta and British Columbia. They are permanent residents in Palm Desert and attend Hope Lutheran Church, Palm Desert, where they have sung in the choir, provided worship

leadership and participated in the various programs of Hope. Between the two, they have five children and five grandchildren, all Canadian residents. Both are looking forward to being part of the FOY Lutheran congregation fellowship.

### CUE CLUB

Welcome back to our FOY Family 8-ball friends. Our annual Welcome Back Social for members and spouses will be held Nov 8 -at 4:30 pm @ the barbeque pit outside Hays Hall. Those wishing to play round robin 8-ball on Tuesday mornings may do so by joining the Cue Club. Annual membership is \$5.00. We ask that you arrive by 8:20 to insure your name is on the list for the days play. This is in respect for scorekeepers and other members. You may play on Thursdays without joining the club if you are staying in the park. Wednesday mornings are Gals n Pals games which are for members of Cue Club. Same times apply for Wednesdays and Thursdays. Cue Club meetings are held 1st Tuesdays of the month at 8am in the pool hall. Members are encouraged to attend. The FOY has gone to great expense to refurbish our pool tables. We would like to send Jolene and her "elves" a big Thank you for their help in maintaining the FOY facilities in topnotch condition.

Chalk Up ,

*Mary McCune*

### FOY RECYCLING

Welcome everyone to another happy season in FOY !! Our depot is on Mineral beside the horseshoe/picnic park and should be open by mid November. When

you see the containers set up out front and signs posted, then we'll welcome your recycling items. I can't be there until early Dec. but my right hand man Danny Kellough has offered to set it all up for an earlier opening. I'm looking forward to Dec. and meeting and helping you all at the depot. Thank you all.

*Diane Morton*

### FOY SQUARES

Howdy v'all. The first regular square dance is Wednesday Nov22 from 7 to 9 PM. Dance Lessons start Tuesday November 21<sup>st</sup> and continue through to December 27. Tuesdays and Thursday are dance lessons with Rounds Rust Removal from 9 to 10 am; Square Dance Rust Removal 10 to Noon. Visit our Website at <https://FoySquares.wixsite.com/foy-square-dance>.

*Trace 780-850-4549*

### AA MEETINGS

An open meeting is held every Thursday in the meeting room at 7 PM. All are welcome. The only requirement for membership is a desire to stop drinking.

*Trace*

*780-850-4549.*

### ATV CLUB

11/01- Salt Mine, Bat Caves, Rock Circle, and Oasis. Bring water, snack and lunch. Back 1 or 2. Moderate Ride, 11/08- Bradshaw Trail (trestle), Robin's Roost (Manson's Place) then back to FOY 2 -3 bring water, snack and lunch. Difficult ride. 11/15 Drop 29, Mecca Copia Trail, Grotto and Oasis, bring water, snack and lunch back to FOY 2 or 3. Moderate ride. 11/22- South Pinnacles and North Glamis Dunes, bring water, snack and

lunch back to FOY 3 or 4. Moderate ride. 11/29- Train Trestle, Honeymoon Cabin, HWY 10 Overlook, bring water, snack, and lunch back 3 - 4. Easy ride We meet in front of Hays Hall on Wednesdays at 8:30 and leave the spa from there. All are welcome. For a complete list of items recommended to bring, see the bulletin board in front of the Activities Office. *Jim Oyler*