

FOUNTAIN OF YOUTH

Daily Activities JANUARY, 2019

SUNDAY			THURSDAY		
9-12 noon	LDS Church	Card Room	8:00-9:00am	Aqua Zoomba	Lap Pool
10-11:30 am	LDS Church (PH)	Craft Room	8:00am	Hiking Group (strenuous)	Upper HS Pits
9am	Lutheran Church	Sunrise Hall	8-noon	Artists	Meeting Room
10am	Interfaith Church	Hays Hall	8:20am	Cue Club	Pool Hall
11-1:30	Beyond Country Line Dance	Sunrise Hall	8:30-9:30am	Mens Bible Study	Sunrise Hall
1pm	Scrabble	Card Room	8:30am	Bocce Ball	Bocce Courts
1-3pm	Ukulele Group	Moonrise Hall	9:30am	Teddy Bears	Craft Room
1:45-4pm	Card Bingo	Sunrise Hall	8-9am	Rounds	Hays Hall
5-6pm	Hymn Sing	Sunrise Hall	8:30-9:30am	Square Dancing	Hays Hall
6-9pm	Majong	Card Room	9:30-11:30am	Womens Bible Study	Sunrise Hall
MONDAY			FRIDAY		
8:00am	Hiking Group (moderate)	Upper HS Pits	10:30-noon	Squares Plus	Hays Hall
8-12pm	FOY Artists	Sunrise Hall	Noon-1pm	Zoomba	Hays Hall
8:00-9:30	Friends of Bill W	Moonrise Hall	Noon-2pm	Newcomer Pickleball	Tennis Courts
8:30am	Shuffle Board	Sunset Hall	12:30-3pm	Ping Pong Club	Sunrise Hall
8:30-11:30am	Computer Workshop	Card Room	12:30pm	Pinochle	Card Room
8:45am	Horseshoes	Upper HS Pits	1-3pm	Quilting	Craft Room
9:15-10:45am	Stretch/Strengthen Class	Hays Hall	1-3pm	Choir Practice	Hays Hall
			1-3pm	Open Ukulele	Moonrise
			3-4pm	FOY Clogging Dollies	Moonrise
11:00-12:00	Chair Stretch Class	Hays Hall	3-4:15pm	B-Sharps	Sunrise Hall
			4-7pm	Karaoke & Pizza	Freddy's Café
12-1:00pm	Mens Chorus	Hays Hall	7:00pm	Friends of Bill W	Moon Rise Hall
12-1:30pm	Yoga	Sunrise Hall			
1:00pm	Cribbage	Card Room	8:45am	Horseshoes	Upper HS Pitts
1:00-2:30pm	Drama Club	Hays Hall	9:00am	Produce Market	Store Patio
1:30-3pm	Show 'n Tell	Sunrise Hall	9:15-10:45am	Stretch/Strengthen Class	Hays Hall
3:00-5:00pm	Open Bunco	Sunrise Hall	9:45-1pm	Flintstone Golf	Desert Course
3-4pm	FOY Clogging Dollies	Hays Hall	10:00-12:00	Cribbage	Card Room
			11:00-12:00	Chair Stretch Class	Hays Hall
6:30pm	Bocce Ball	Bocce Courts	1:30pm	Readers Club	487 N. Mountain
6:30pm	Bingo	Hays Hall	1:00pm	Bridge	Card Room
6:30pm	Duplicate Bridge	Card Room	1:00-3:00pm	Mahjong	Sunrise Hall
6:30-7:45pm	Zoomba	Sunrise Hall	2-3pm	Al-Anon	Moonrise Hall
6:30-9:30pm	Nine Ball	Pool Hall	2-4:00pm	Jam Session	Hays Hall
7-9:00pm	LDS Home Meeting	Moonrise Hall	6:00pm	7th Day Adventist	Sunrise Hall
TUESDAY			SATURDAY		
8:00-9:00am	Aqua Zoomba	Salt Pool	8-noon	Individual Drama Practice	Hays Hall
8:30-11:30am	Bible Study	Sunrise Hall	9:00am	Poker Tournament	Poker Room
8:20am	Cue Club	Pool Hall	9:30-2:00pm	7th Day Adventist	Sunrise Hall
8:30am	Bocce Ball	Bocce Courts	9:30am	Scrabble	Card Room
9:00am	Quilting	Craft Room	1-3:00pm	Line Dancing (Beginning)	Hays Hall
9:00am	Produce Market	Store Patio	3-6:00pm	Catholic Services	Sunrise Hall
8:30-9:30am	Rounds Dancing	Hays Hall	7:00pm	Dance	Hays Hall
9:30-11:30am	Squares Dancing	Hays Hall			
10:30-noon	Squares Plus Workshop	Hays Hall			
Noon-2pm	Newcomer Pickleball	Tennis Courts	MONTHLY ACTIVITIES		
12:30-3pm	Ping Pong Club	Sunrise Hall	3rd Mon.	9:00am LDS Relief Society	Craft Room
12:30pm	Pinochle	Card Room			
1-3pm	Ukulele Group	Moonrise Hall	3rd Wed.	12:30-3 Red Hat Ladies Bunco	Sunrise Hall
2-4pm	Jam Session	Hays Hall	1st Thurs.	4:30-10pm Cue Club Social	Hays Hall
6:00pm	Hand & Foot	Card Room	2nd Thurs.	5pm LDS Potluck	Sunrise Hall
7:00pm	Talent Show (FHT)	Hays Hall	3rd Thurs.	5pm Ping Pong Potluck	Sunrise Hall
WEDNESDAY			1st Fri.	1-3:00pm GSMOL	Sunrise Hall
8:00am	Hiking Group (Moderate)	Upper HS Pits	2nd Fri.	8:00am Flea Market	Hays & Sunrise
8-12:00 noon	FOY Artists	Sunrise Hall	2nd Fri.	7:00pm Movie Night	Hays Hall
8:30am	Gals & Pals Pool	Pool Hall	4th Fri.	5pm Horseshoe Potluck	Hays Hall
8:30am	Horseshoes	Upper HS Pits	1st Sat.	7-10 Breakfast Social	Hays Hall
8:30am	Shuffleboard	Sunset Hall	2nd & 4th Sat.	7pm Classical Concert	Sunrise Hall
8:30-11:30am	Computer Workshop	Card Room	3rd Sat.	6pm 7th Day Adventist	Sunrise Hall
9:00am	ATV's	Outside Hays Hall	2nd or 3rd Sun.	2-3pm Ice Cream Social	Hays Hall
9:15-10:45am	Stretch/Strengthen Class	Hays Hall			
11:00-12:00	Chair Stretch Class	Hays Hall			
12-1pm	Yoga	Hays Hall			
12:30pm	Duplicate Bridge	Card Room			
1-3pm	Line Dancing (Fun)	Hays Hall			
3-4pm	Foy Clogging Dollies	Hays Hall			
6:30pm	Bocce Ball	Bocce Courts			
6:30pm	7th Day Church	Sunrise Hall			
6-9pm	Majong	Card Room			
6:30pm	Pokeno	Meeting Room			
6:30-7PM	Round Dancing	Hays Hall			
7-9:00pm	Square Dancing	Hays Hall			

DAILY: Water Volley Ball : open 4-5pm & Sat & Sun 12-1pm Main Pool
Club Water Volley Ball : 10:30-1:30 Lap Pool (except Sun.)
Water Exercises: 7, 8, 9, 10am. Main Pool **Ping-Pong** 10-12:30 Mnrns
Pickleball: 9-10:30am; 6-8pm Tue, Thur, Sat, Tennis Courts
Paddle Tennis: 9-10:30 Mon, Wed, Fri
MON-FRI: Pool Laps: 6-7AM Lap Pool. **Poker:** 9am Poker Room
Tennis: 7-9am, 6:30-8:00pm Wed, Fri, & Weekends
Rosary: 4pm Card Room

All activities are subject to change due to special events. Please check the bulletin board by Activities Office for last minute changes.